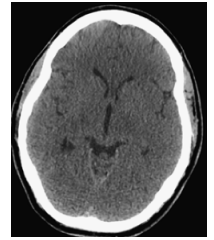




**Erasmus MC**

University Medical Center Rotterdam



# Imminent Brain Death and the DCD-N Score

Tools for potential organ donor recognition

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# Organ transplantation

## Problems in 1950-1970

1. Warm ischemia of the dead donor
2. Rejection of the transplanted organ

## Problems nowadays

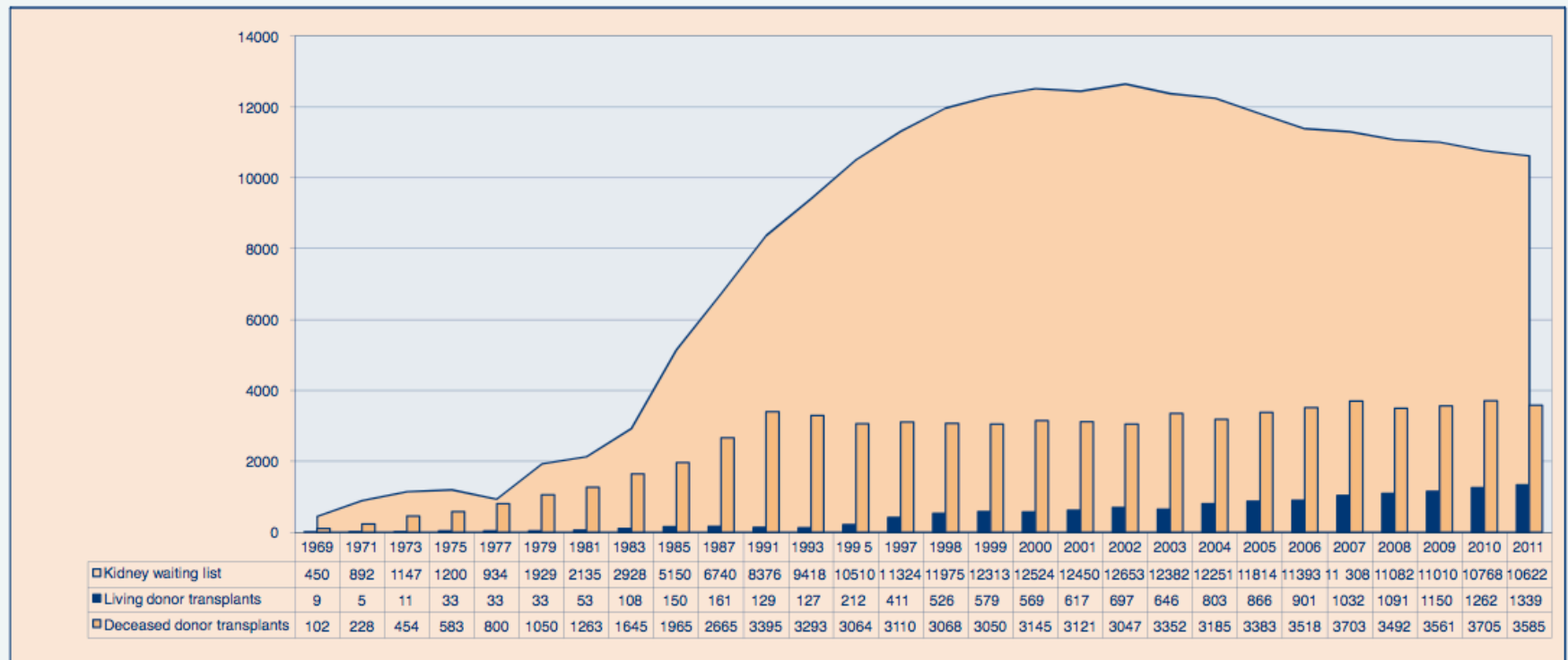
1. Low availability of donor organs (more patients on the waiting lists than donor-organs available)
2. Long term co-morbidity (malignancies) after transplantation

# Waiting list and supply of kidneys



EUROTRANSPLANT

Figure 4.5 Dynamics of the Eurotransplant kidney transplant waiting list and transplants between 1969 and 2011

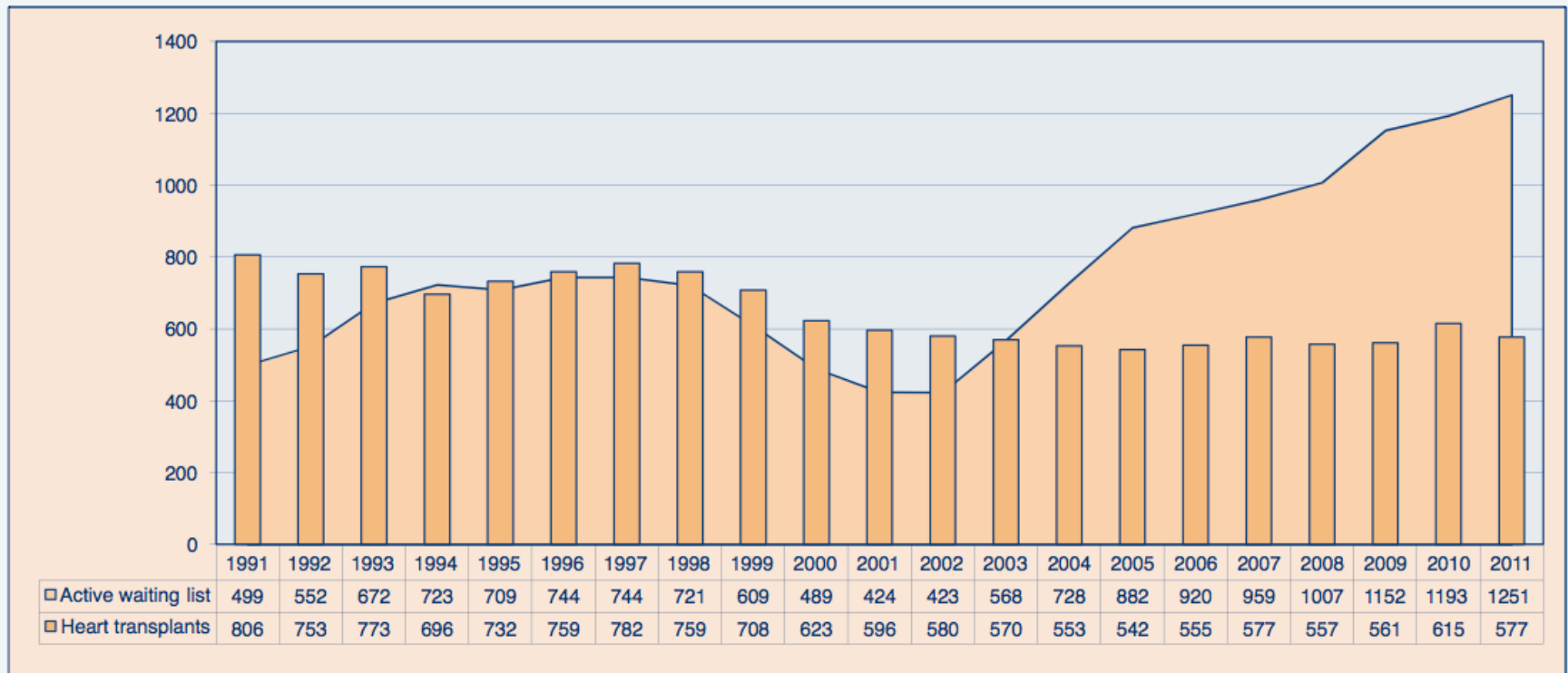


# Waiting list and supply of hearts

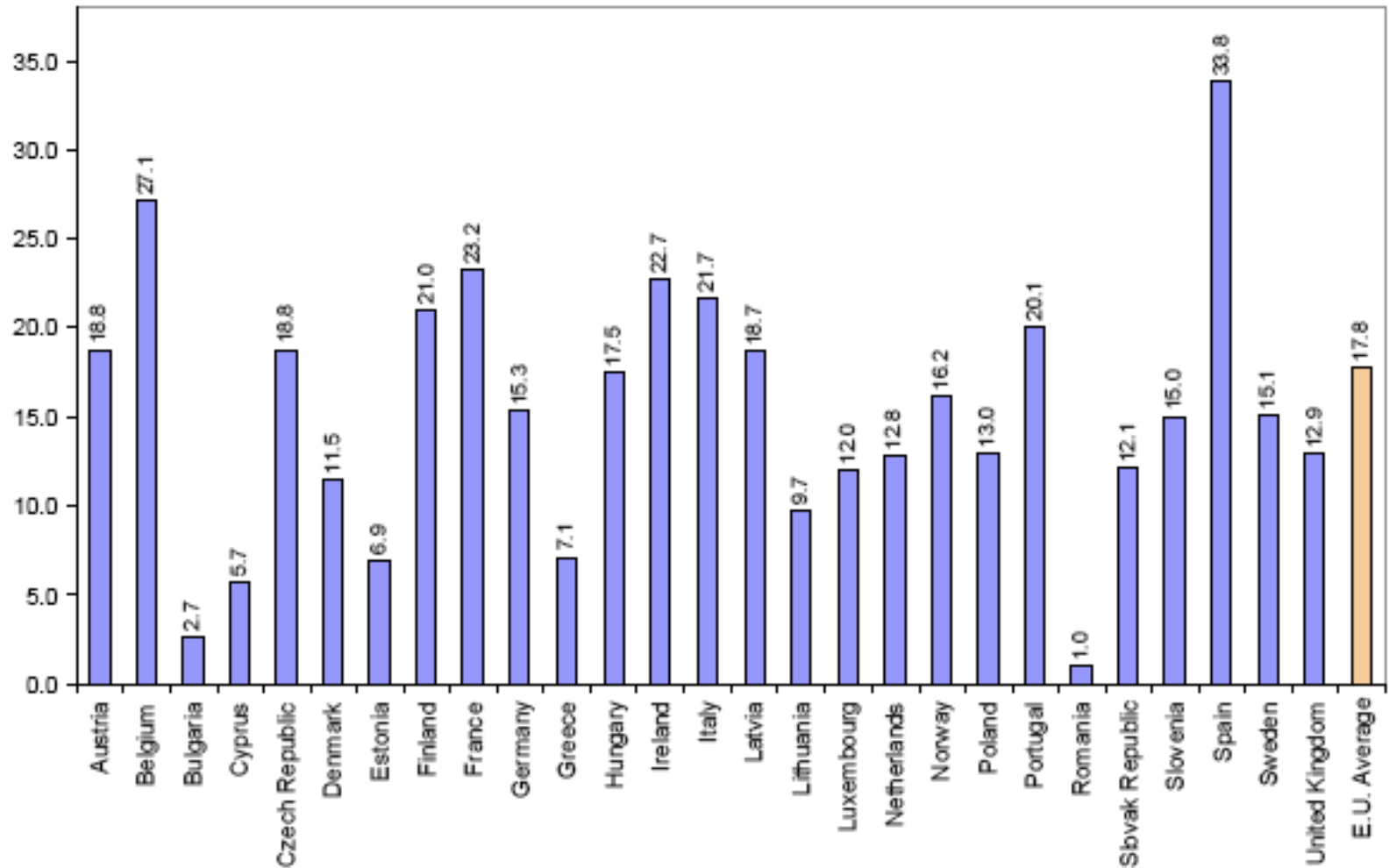


EUROTRANSPLANT

Figure 5.9 Dynamics of the Eurotransplant heart waiting list and transplants between 1991 and 2011



# Donation rates (per million/population) in the European Union (2007)



SOURCE: Council of Europe (2007) Deceased organ donors in the European Union

## Most important reasons for low number of donor organs

1. Progress in effective *prevention* and effective *treatment* of acute neurological conditions
2. Refusal to donate organs of a deceased relative
3. Non-recognition of a potential organ donor by professionals

Brain death is, and has always been, a rare outcome of neuro-critical care in a selected cohort of patients

c. 3% of all patients who die on a neurocritical care unit die from brain death. Less than 1% on general ICUs.



# Brain death, underlying conditions

Analysis of 71 series (1968-2008)  
N= 6317 [83% SAH, TBI, ICH]

60% SAH, 8% ICH

15% TBI





# Is Organ Donation From Brain Dead Donors Reaching an Inescapable and Desirable Nadir?

Erwin J.O. Kompanje, Yorick J. de Groot, and Jan Bakker

**TABLE 1.** Comparing effectuated DCD and DBD in different eras in The Netherlands over the past 15 yr

	Era 1 (1995–1999)	Era 2 (2000–2004)	Era 3 (2005–2009)	<i>P</i> <sup>a</sup>
No. of donors	1033	1042	1090	0.695
DBD (% of total number of donors)	<u>915 (88.6)</u>	697 (66.9)	637 (58.4)	0.008
DCD (% of total number of donors)	118 (11.4)	345 (33.1)	453 (41.6)	<0.0001

(*Transplantation* 2011;91: 1177–1180)

# Time trends in outcome of subarachnoid hemorrhage

Population-based study and systematic review



**Conclusion:** Mortality due to subarachnoid hemorrhage fell by about 50% in our study population over the last 2 decades, due mainly to improved outcomes in cases surviving to reach hospital. This improvement is consistent with a significant decrease in case-fatality over the last 25 years in our pooled analysis of other similar population-based studies. *Neurology*<sup>®</sup> 2010;74:1-1



## Why Have Traffic Fatalities Declined in Industrialised Countries?

Implications for Pedestrians and Vehicle Occupants

Elizabeth Kopits and Maureen Cropper

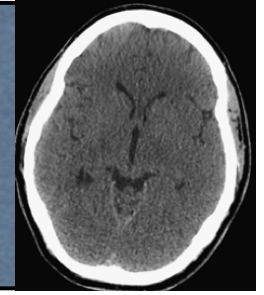
*‘Between 1970 and 1999, total traffic fatalities declined, on average by 35% in 32 European countries and USA, while total vehicle kilometres driven increased by over 250%’*

# How to increase the number of donor organs?

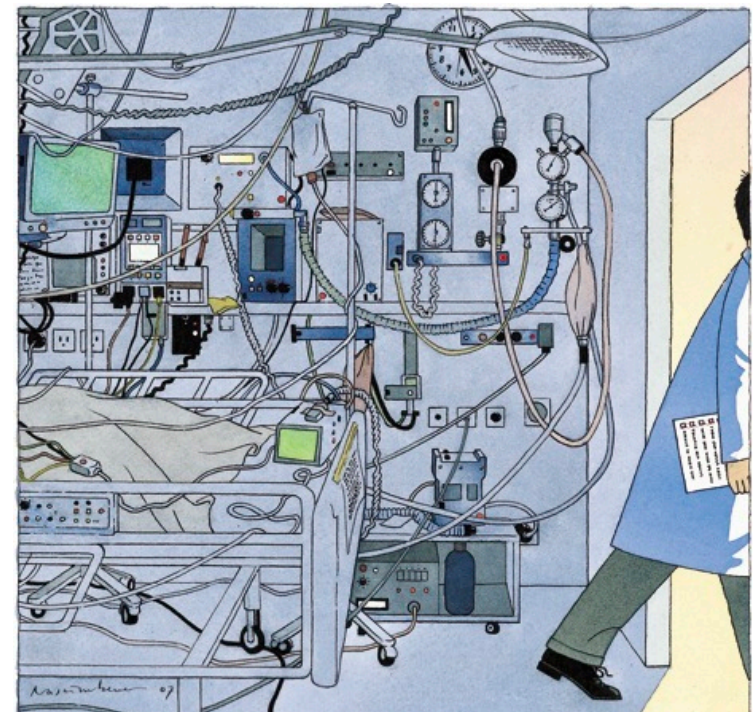


1. Increase living organ donation
2. Lowering family refusal
3. Better potential organ donor recognition leading to a better Donor Conversion Rate

# Organ donor recognition



- 1. Recognition of the potential brain-dead organ donor**
2. Recognition of the potential circulatory death donor





Imminent neurological death (IND) as defined by the Organ Procurement Transplantation Network (OPTN) in the USA and published on their website (see <http://optn.transplant.hrsa.gov>). The OPTN defined imminent neurological death as “a patient ... with severe neurological injury and requiring ventilator support, who upon clinical evaluation ... has an absence of at least three brain stem reflexes”. Age, which is part of this definition, is excluded from our statistical analysis to prevent its influence on the comparison.

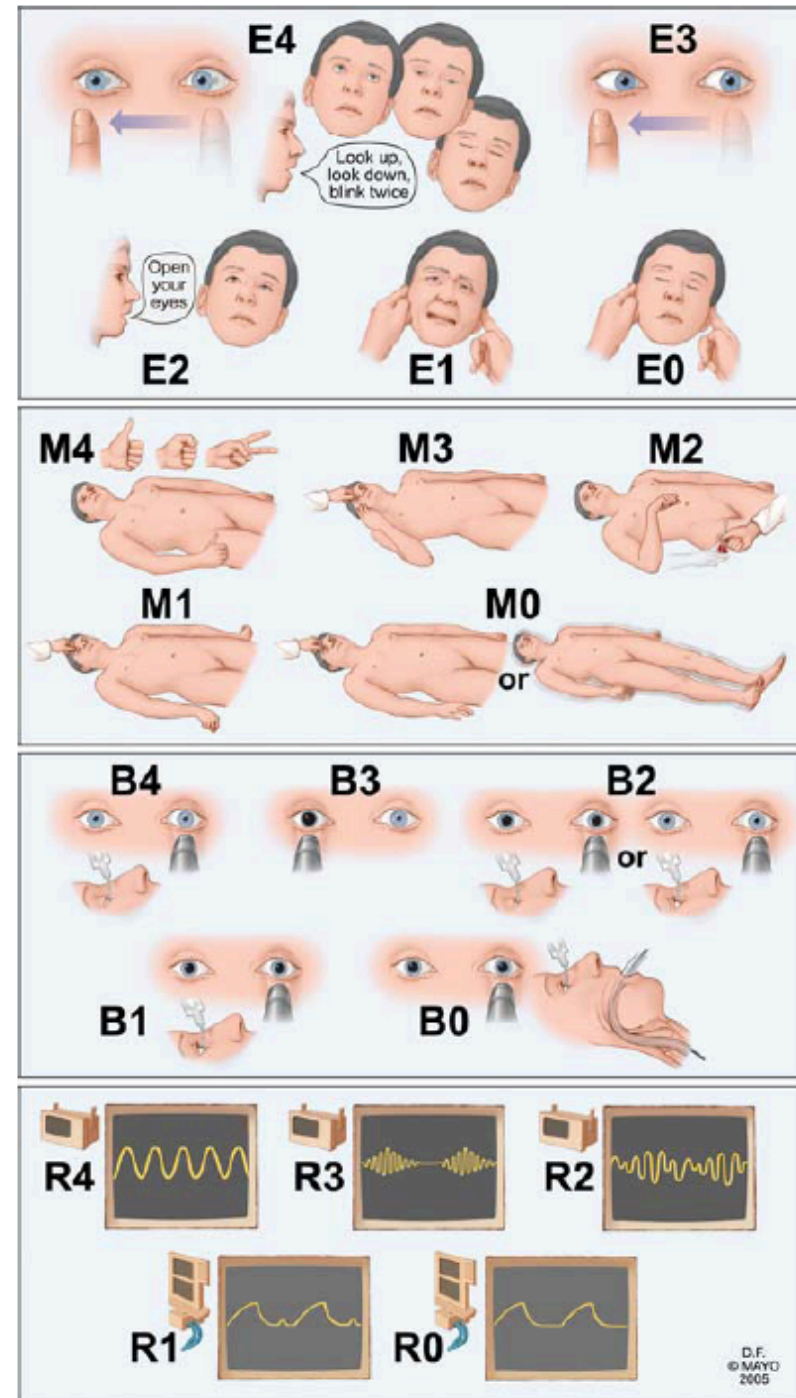
Yorick J. de Groot  
Nichon E. Jansen  
Jan Bakker  
Michael A. Kuiper  
Stan Aerdts  
Andrew I. R. Maas  
Eelco F. M. Wijdicks  
Hendrik A. van Leiden  
Andries J. Hoitsma  
Berry (H.P.H.) Kremer  
Erwin J. O. Kompanje

## Imminent brain death: point of departure for potential heart-beating organ donor recognition

As a definition for imminent brain death we propose:

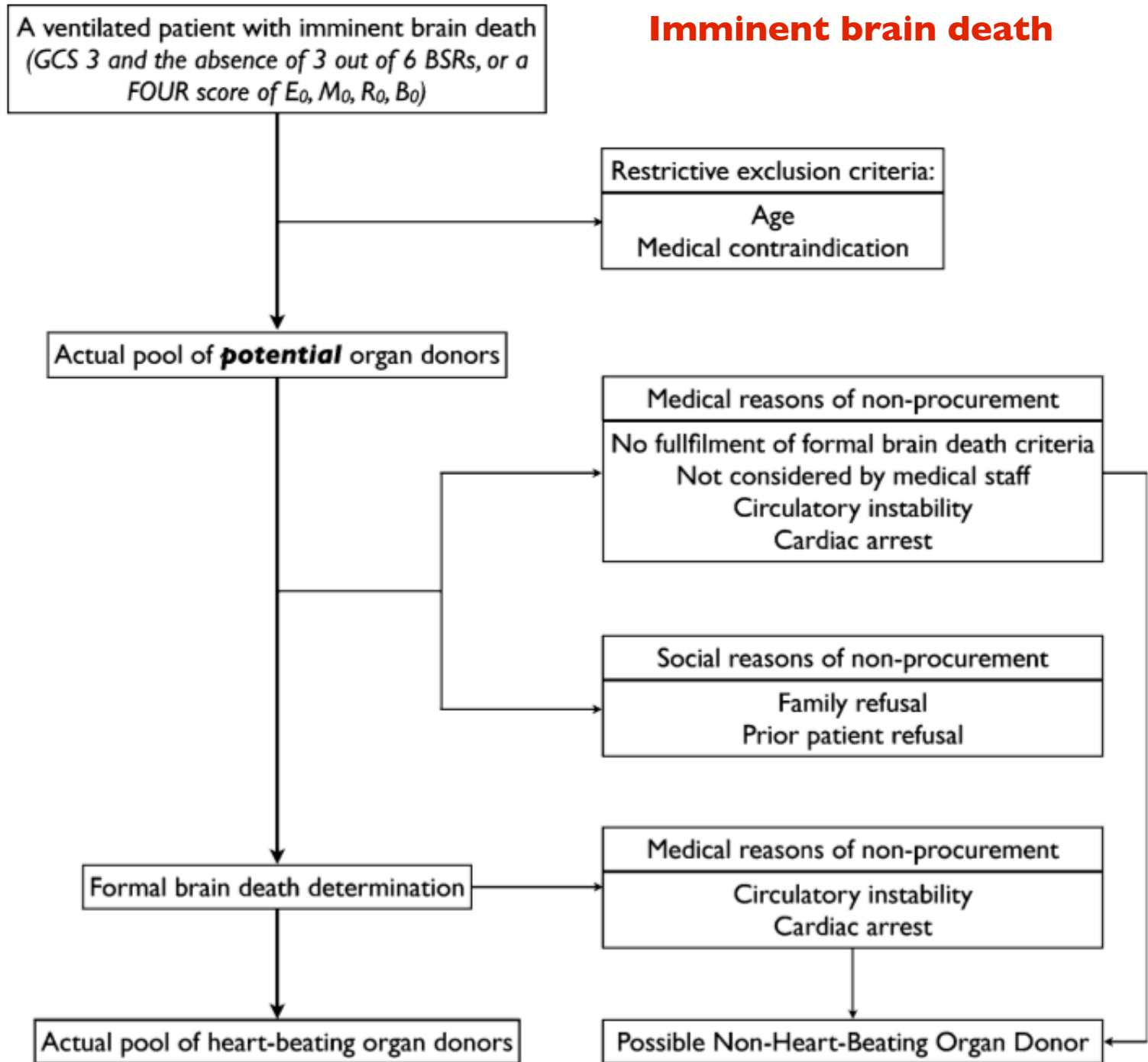
*‘A mechanically ventilated, deeply comatose patient, admitted to an ICU, with irreversible catastrophic brain damage of known origin (e.g. TBI, SAH, ICH). A condition of imminent brain death requires either a GCS of 3 and the progressive absence of at least three out of six brainstem reflexes, or a FOUR score of  $E_0M_0B_0R_0$ ’.*

**Fig. 1** Description of Full Outline of UnResponsiveness (FOUR) score. Eye response: *E4* eyelids open or opened, tracking or blinking to command; *E3* eyelids open but not tracking; *E2* eyelids closed but open to loud voice; *E1* eyelids closed but open to pain; *E0* eyelids remain closed with pain. Motor response: *M4* thumbs-up, fist or peace sign; *M3* localising to pain; *M2* flexion response to pain; *M1* extension response to pain; *M0* no response to pain or generalised myoclonus status. Brainstem reflexes: *B4* pupil and corneal reflexes present; *B3* one pupil wide and fixed; *B2* pupil or corneal reflexes absent; *B1* pupil and corneal reflexes absent; *B0* absent pupil, corneal and cough reflex. Respiration pattern: *R4* not intubated, regular breathing pattern; *R3* not intubated, Cheyne-Stokes breathing pattern; *R2* not intubated, irregular breathing; *R1* breathes above ventilator rate; *R0* breathes at ventilator rate or apnea





## Imminent brain death





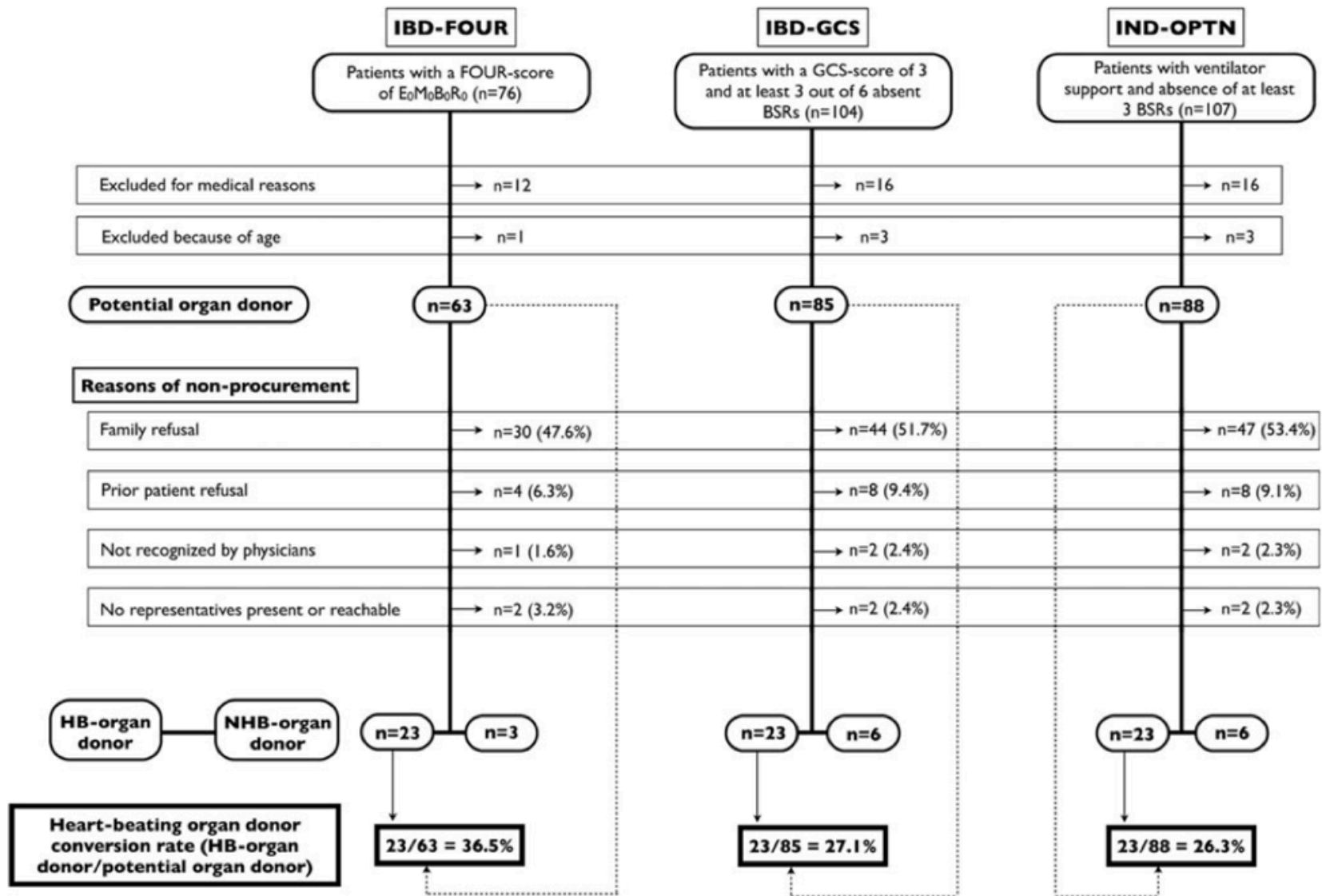
Intensive Care Med (2011) 37:665–670  
DOI 10.1007/s00134-011-2131-6

ORIGINAL

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## **Donor conversion rates depend on the assessment tools used in the evaluation of potential organ donors**

## Imminent brain death



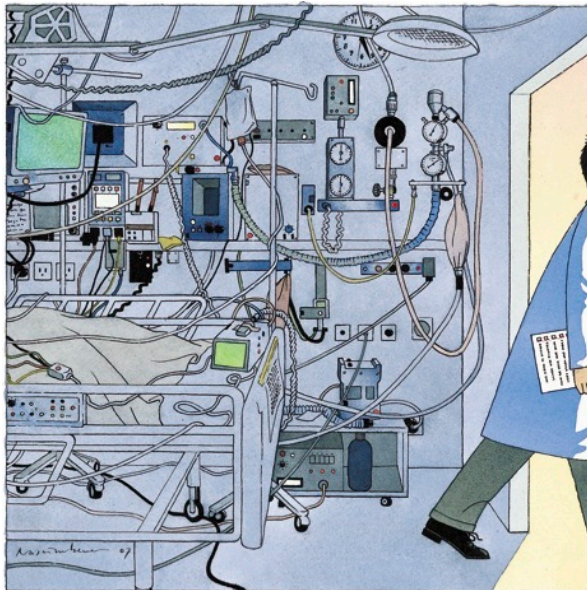
**Fig. 1** Flowchart of the assessment tools. *IBD-FOUR* imminent brain death based on FOUR criteria, *IBD-GCS* imminent brain death based on GCS criteria, *IND-OPTN* imminent neurological

death used by the OPTN, *BSRs* brain stem reflexes, *HB-organ donor* heart-beating organ donor, *NHB-donor* non-heart-beating organ donor

# Organ donor recognition



1. Recognition of the potential brain-dead organ donor
- 2. Recognition of the potential circulatory death donor**



# Is Organ Donation From Brain Dead Donors Reaching an Inescapable and Desirable Nadir?

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**TABLE 1.** Comparing effectuated DCD and DBD in different eras in The Netherlands over the past 15 yr

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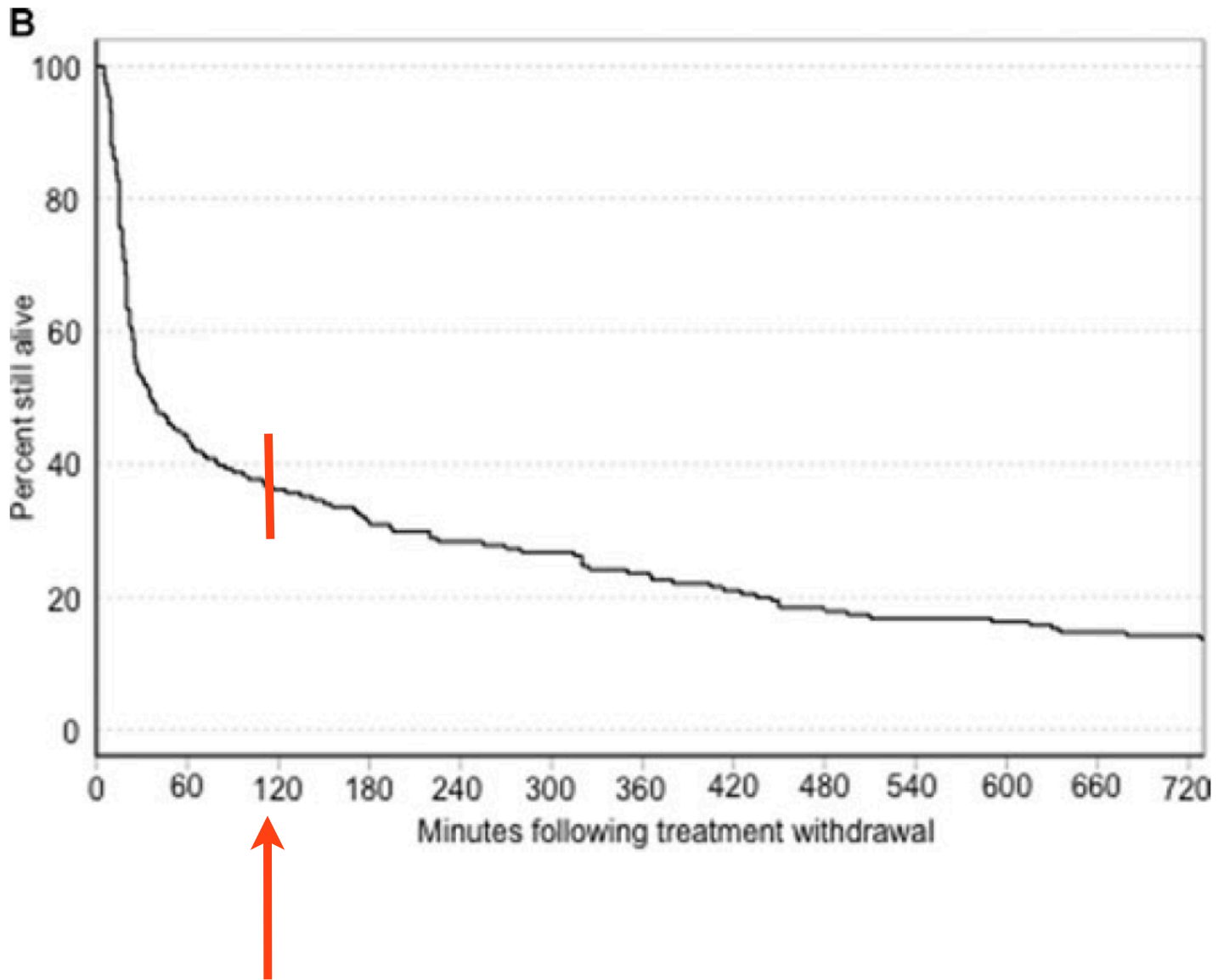
(*Transplantation* 2011;91: 1177–1180)

## Time to Cardiac Death After Withdrawal of Life-Sustaining Treatment in Potential Organ Donors

C. Suntharalingam<sup>a</sup>, L. Sharples<sup>b</sup>, C. Dudley<sup>c</sup>,  
J. A. Bradley<sup>a</sup> and C. J. E. Watson<sup>a,\*</sup>

### *Time to death*

All patients died following treatment withdrawal. The time to death ranged from 5 min to 3.3 days (4779 min) (Figure 1). Most patients died soon after treatment withdrawal, with a median time to death of 36 min. The proportions of patients still alive at 1, 2, 3, 4 and 12 h were 43.5%, 36.1%, 30.9%, 28.3% and 14.1%, respectively. Fewer than 10% remained alive for more than 24 h following treatment withdrawal.



C. Suntharalingam<sup>a</sup>, L. Sharples<sup>b</sup>, C. Dudley<sup>c</sup>,  
J. A. Bradley<sup>a</sup> and C. J. E. Watson<sup>a,\*</sup>


## Factors influencing time to death after withdrawal of life support in neurocritical patients

A.H. Yee, DO  
A.A. Rabinstein, MD  
P. Thapa, MS  
J. Mandrekar, PhD  
E.F.M. Wijdicks, MD,  
PhD



**Figure 1** Probability of death within 60 minutes after cessation of life-sustaining therapy

Absent corneal reflex	Absent cough reflex	Extensor/absent motor response	Oxygenation index >4.2	Probability
				0.677
				0.762
				0.653
				0.667
				0.825
				0.715
				0.812
				0.827
				0.842
				0.833
				0.849
				0.894
				0.865
				0.916
				0.929

 = Presence of variable

## External validation of a prognostic model predicting time of death after withdrawal of life support in neurocritical patients\*

Yorick J. de Groot, MD; Hester F. Lingsma, PhD; Jan Bakker, MD, PhD; Diederik A. Gommers, MD, PhD; Ewout Steyerberg, PhD; Erwin J. O. Kompanje, PhD

**Objective:** The ability to predict the time of death after withdrawal of life support is of specific interest for organ donation after cardiac death. We aimed to externally validate a previously developed model to predict the probability of death within the time constraint of 60 mins after withdrawal of life-sustaining measures.

**Design:** The probability to die within 60 mins for each patient in this validation sample was calculated based on the model developed by Yee et al, which includes four variables (absent corneal reflex, absent cough reflex, extensor or absent motor response, and an oxygenation index  $>4.2$ ). Analyses included logistic regression modeling with bootstrapping to adjust for overoptimism. Performance was assessed by calibration (agreement between observed and predicted outcomes) and discrimination (distinction of those patients who die within 60 mins from those who do not, expressed by the area under the receiver operating characteristic curve).

**Setting:** Mixed intensive care unit in The Netherlands.

**Patients:** We analyzed data from 152 patients who died as a result of a neurologic condition between 2007 and 2009.

**Interventions:** None.

**Measurements and Main Results:** A total of 82 patients had sufficient data. Fifty (61%) died within 60 mins. Univariable and multivariable odds ratios of the predictors were very similar between the development and validation sample. The prediction model showed good discrimination with an area under the receiver operating characteristic curve of 0.75 (95% confidence interval [CI] 0.63–0.87) but calibration was modest. The mean predicted probability was 80%, overestimating the 61% overall observed risk of death within 60 mins. Modeling oxygenation index as a linear term led to an improved version of the Mayo NICU model. (area under the receiver operating characteristic curve [95% CI] = 0.774 [0.69–0.90], bootstrap-validated area under the receiver operating characteristic curve [95% CI] = 0.74 [0.66–0.87]).

**Conclusions:** The model discriminated well between patients who died within 60 mins after withdrawal of life support and those who did not. Further prospective validation is needed. (Crit Care Med 2012; 40:233–238)

**KEY WORDS:** organ donation; validation studies; withdrawing treatment

## External validation of a prognostic model predicting time of death after withdrawal of life support in neurocritical patients

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Table 2. Factors predicting dead within 60 mins from withdrawal of life-sustaining measures included in the final model of Yee et al



Variable	Yee et al (3)		Present Study	
	Patients Dying <60 Mins (Total n = 75), No. (%)	Patients Dying >60 Mins (Total n = 74), No. (%)	Patients Dying <60 Mins (Total n = 50), No. (%)	Patients Dying >60 Mins (Total n = 32), No. (%)
Absent corneal reflex	65 (87)	32 (43)	42 (84)	14 (44)
Absent cough reflex	45 (64)	15 (20)	26 (52)	5 (16)
Extensor/absent motor response	64 (85)	34 (46)	48 (96)	22 (69)
Oxygenation index >4.2	34 (45)	17 (23)	23 (46)	10 (31)

This table is partly reproduced from Yee AH, Rabinstein AA, Thapa P, et al: Factors influencing time to death after withdrawal of life support in neurocritical patients. *Neurology* 2010; 74:1380–1385, with permission from the copyright holder.



Articles

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  **Prediction of potential for organ donation after cardiac death in patients in neurocritical state: a prospective observational study**

*Alejandro A Rabinstein, Alan H Yee, Jay Mandrekar, Jennifer E Fugate, Yorick J de Groot, Erwin J O Kompanje, Lori A Shutter, W David Freeman, Michael A Rubin, Eelco FM Wijdicks*

*Lancet Neurol 2012; 11: 414-19*

Absent corneal reflex	Absent cough reflex	Extensor or absent motor response	Oxygenation index >3.0	Score	Probability
No	No	No	No	0	0.08
No	No	No	Yes	1	0.16
Yes	No	No	No	1	0.18
No	No	Yes	No	1	0.20
No	Yes	No	No	2	0.26
Yes	No	No	Yes	2	0.34
No	No	Yes	Yes	2	0.37
Yes	No	Yes	No	2	0.40
No	Yes	No	Yes	3	0.45
Yes	Yes	No	No	3	0.48
No	Yes	Yes	No	3	0.51
Yes	No	Yes	Yes	3	0.61
Yes	Yes	No	Yes	4	0.68
No	Yes	Yes	Yes	4	0.71
Yes	Yes	Yes	No	4	0.74
Yes	Yes	Yes	Yes	5	0.87

1 point was assigned for each of absent corneal reflex, absent or extensor motor response to pain, and oxygenation index of more than 3.0. 2 points were assigned for an absent cough reflex.

**Table 4:** Probabilities of death within 60 min according to the combinations of predictive variables

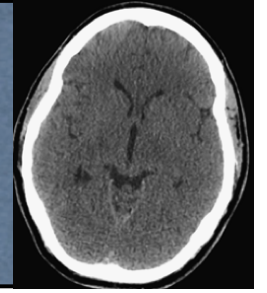
	Death within 60 min	Death after 60 min
0	0	14 (100%)
1	6 (12%)	21 (78%)
2	8 (30%)	19 (70%)
3	18 (62%)	11 (38%)
4	15 (71%)	6 (29%)
5	28 (90%)	3 (10%)
Overall	75 (50%)	74 (50%)

**Table 5:** Frequency of death after withdrawal of life-sustaining measures according to donation after cardiac death in patients in a neurocritical state (DCD-N) score in the retrospective cohort of 149 patients<sup>6</sup>

1 point was assigned for each of absent corneal reflex, absent or extensor motor response to pain, and oxygenation index of more than 3.0. 2 points were assigned for an absent cough reflex.

The DCD-N score provides a readily accessible estimate of the likelihood of death within 60 min of WLST in patients with critical brain injury who are dependent on artificial life support. The score needs to be tested in patients for whom consent of DCD has been obtained. If the reliability of its performance is confirmed, this scoring technique could help guide resource allocation without compromising the availability of viable DCD donors.

## Conclusions



1. Uniform definition of a potential brain dead organ donor (imminent brain death) will lead to higher donor conversion rate and allows better comparison between countries and hospitals
2. Using the DCD-N score will predict death within 60 minutes after withdrawal of life support which will lead to a higher donor conversion rate, less burden for relatives and better use of resources



